



POLISH VILLAGE

We support Polish parents

ABOUT US

Polish Village promotes conscious motherhood and attachment parenting, breastfeeding and raising bilingual children.

We support Polish families by offering a range of free services.

Our volunteers work online and across the UK.

ONLINE

Group meetings

Nie śpię, bo karmię! (Facebook)

"Milky Mornings" - Breastfeeding Group every Friday at 10am - Zoom

NEWARK

♥ Every Wednesday

10:00 - 11:30 Stay and Play in Polish.
0-5 years

♥ Every Tuesday

16:00 - 18:00 Polish After School Club
for children over 5 years of age

ONLINE GROUPS AND MEETINGS

Świadomy Poród UK
Naturalnie, że w domu!
Nie śpię, bo karmię.

ANTENATAL CLASSES AND PERINATAL SUPPORT

Antenatal Classes
Consultations
Birth and postnatal
doula care

DOULA PROGRAMME

Doula support during
pregnancy, labor and
postpartum for Polish
families - in Polish.

www.polishvillage.org

polishvillageproject@gmail.com



@polishvillageuk

VOLUNTEERS NEEDED!
LET US KNOW IF YOU
WOULD LIKE TO JOIN!





MUSLIM VILLAGE

We support Muslim parents



ABOUT US

Muslim Village provides culturally-aligned support to Muslim families from pregnancy to the first years of life.

Muslim Village promotes conscious motherhood and attachment parenting, breastfeeding whilst embracing one's faith, culture and language.

ONLINE

- ♥ Muslim Village Community (WhatsApp)
- ♥ Milky Mornings Breastfeeding Group
Every Thursday at 11:00, on Google Meet.

NOTTINGHAM

- ♥ Stay & Play (0-5 years)
Every Monday 10:00 - 11:30
- ♥ Monthly Pregnancy Group
Days & Times vary throughout the year

ONLINE GROUPS AND SUPPORT

Milky Mornings
Workshops
WhatsApp Group
Online Antenatal Course

ANTENATAL AND PERINATAL SUPPORT

Pregnancy Group
Consultations
Birth and postnatal
doula care

DOULA CARE PROGRAMME

Doula support during
pregnancy, labour and
postpartum for Muslim
families

<https://supportmecic.com/muslim-village>
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VOLUNTEERS NEEDED!
LET US KNOW IF YOU
WOULD LIKE TO JOIN!

