

Culturally Aligned Neonatal Care

National Neonatal
Palliative Care Conference
2025

Anna & Manisha
Support Me CIC



Who Are We?

Founders of Support ME CIC

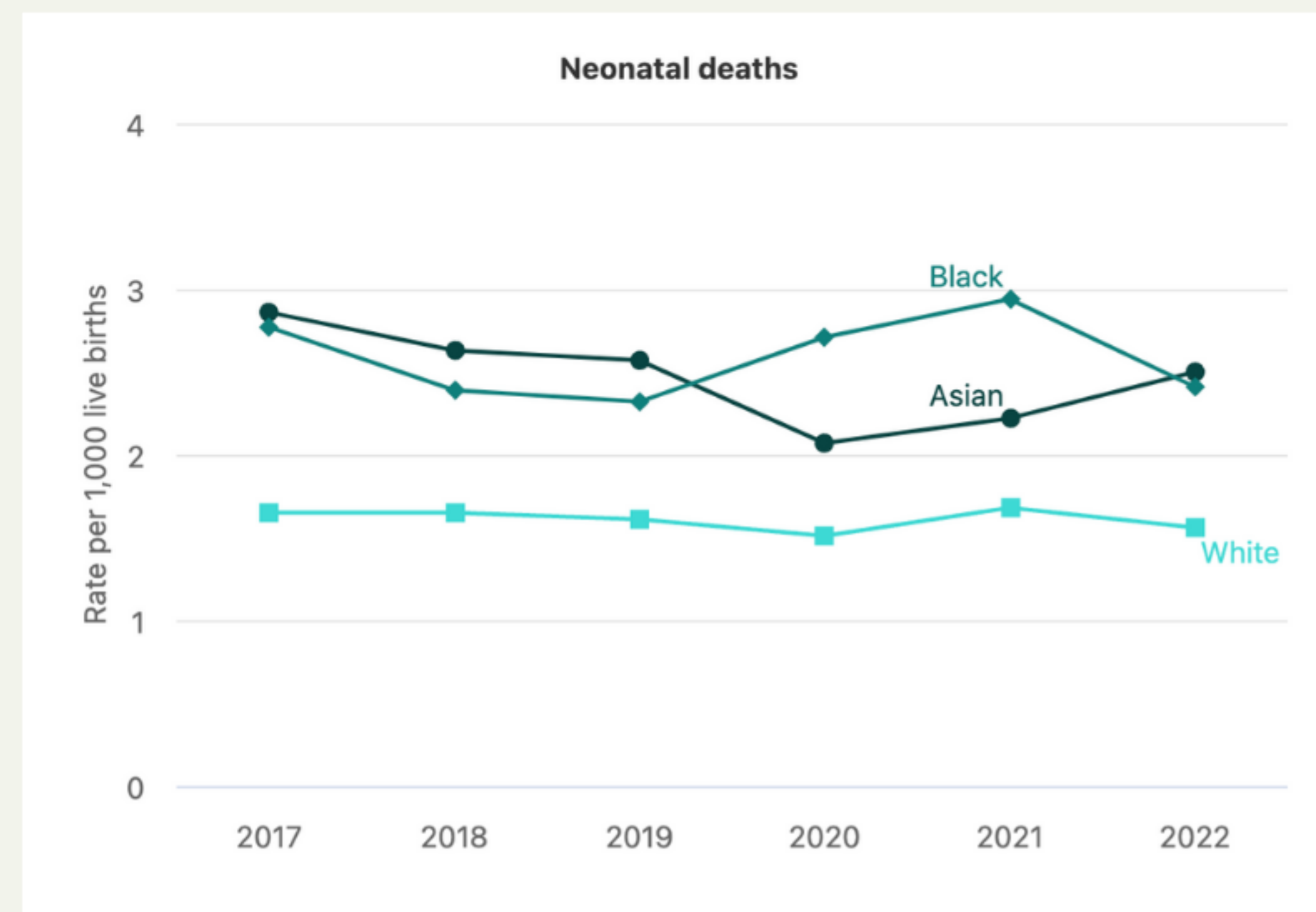
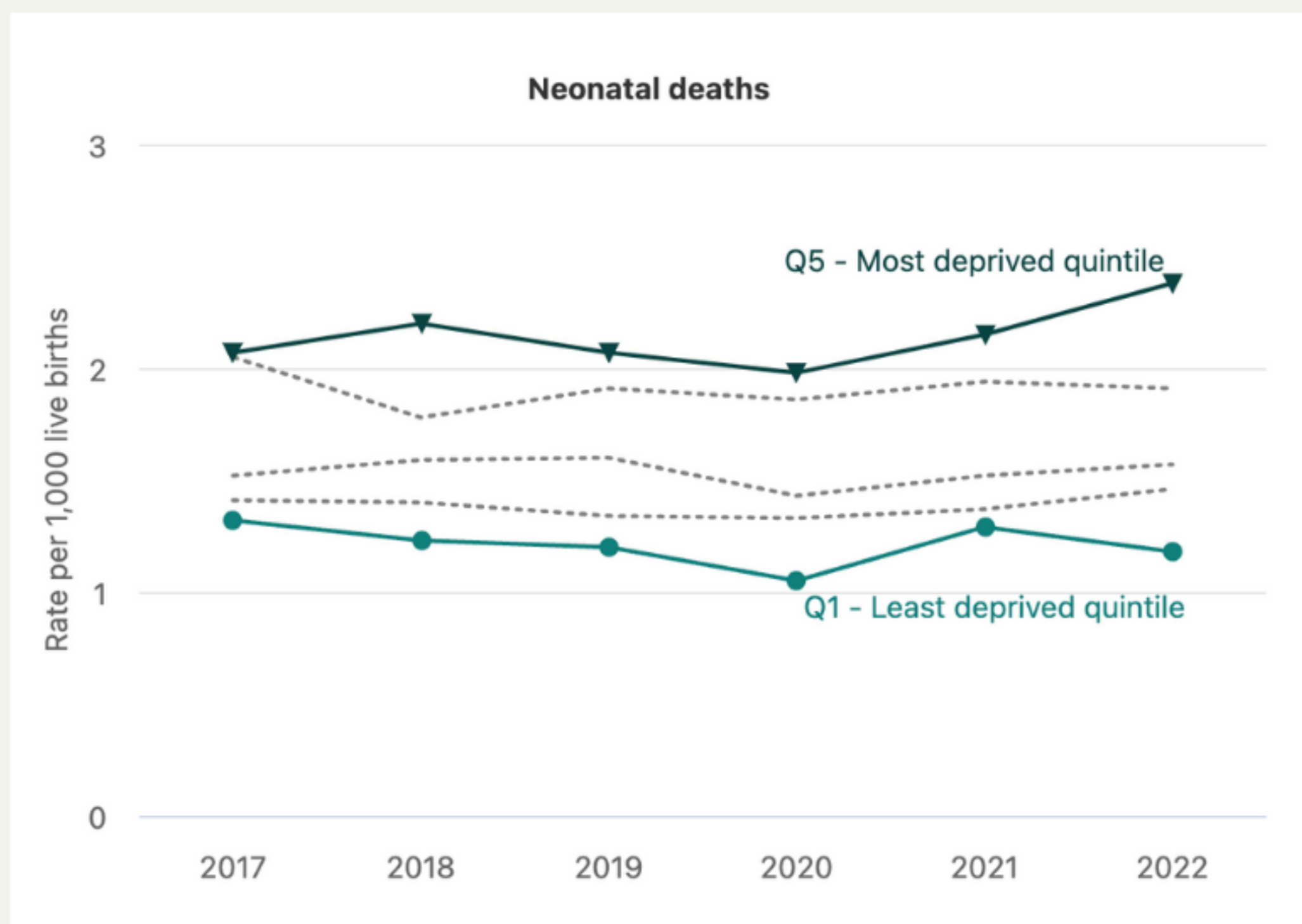
- ➔ Founded in 2021
- ➔ Polish Village
- ➔ Muslim Village
- ➔ Doula Programmes
- ➔ Training for HCPs



Why we
started
The
Villages...



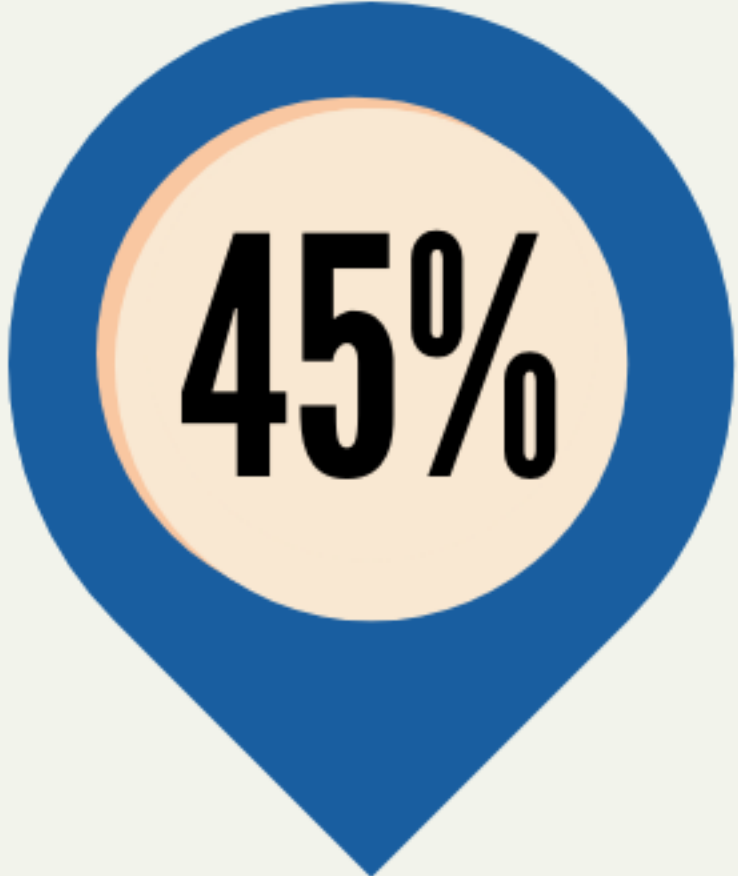
Perinatal Mortality Surveillance (2024)



What's Missing?

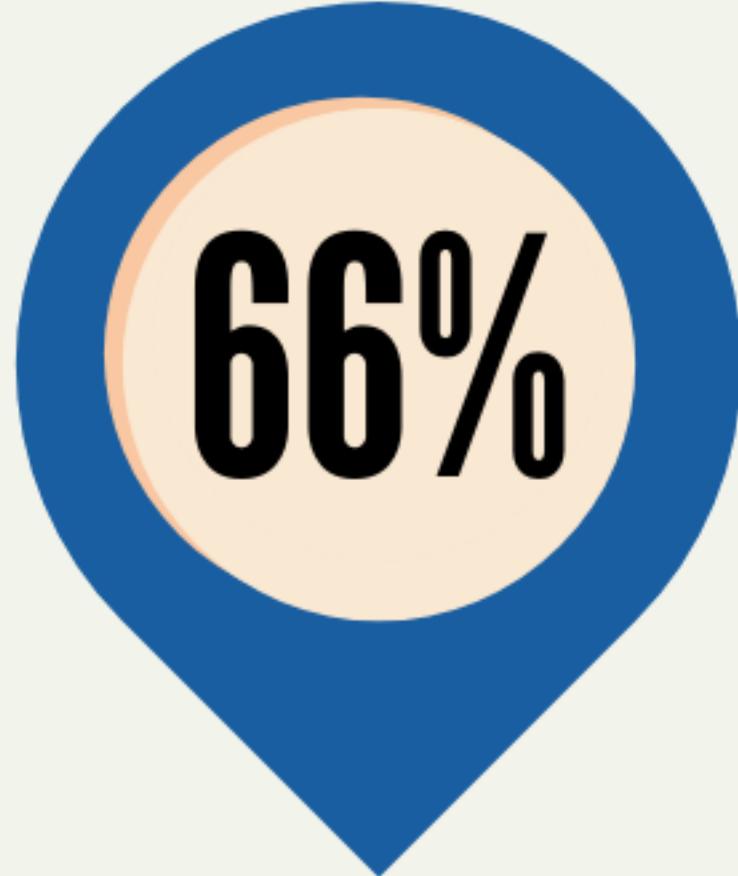
Quality Of Care

Improvements to care which may have made a difference to outcome



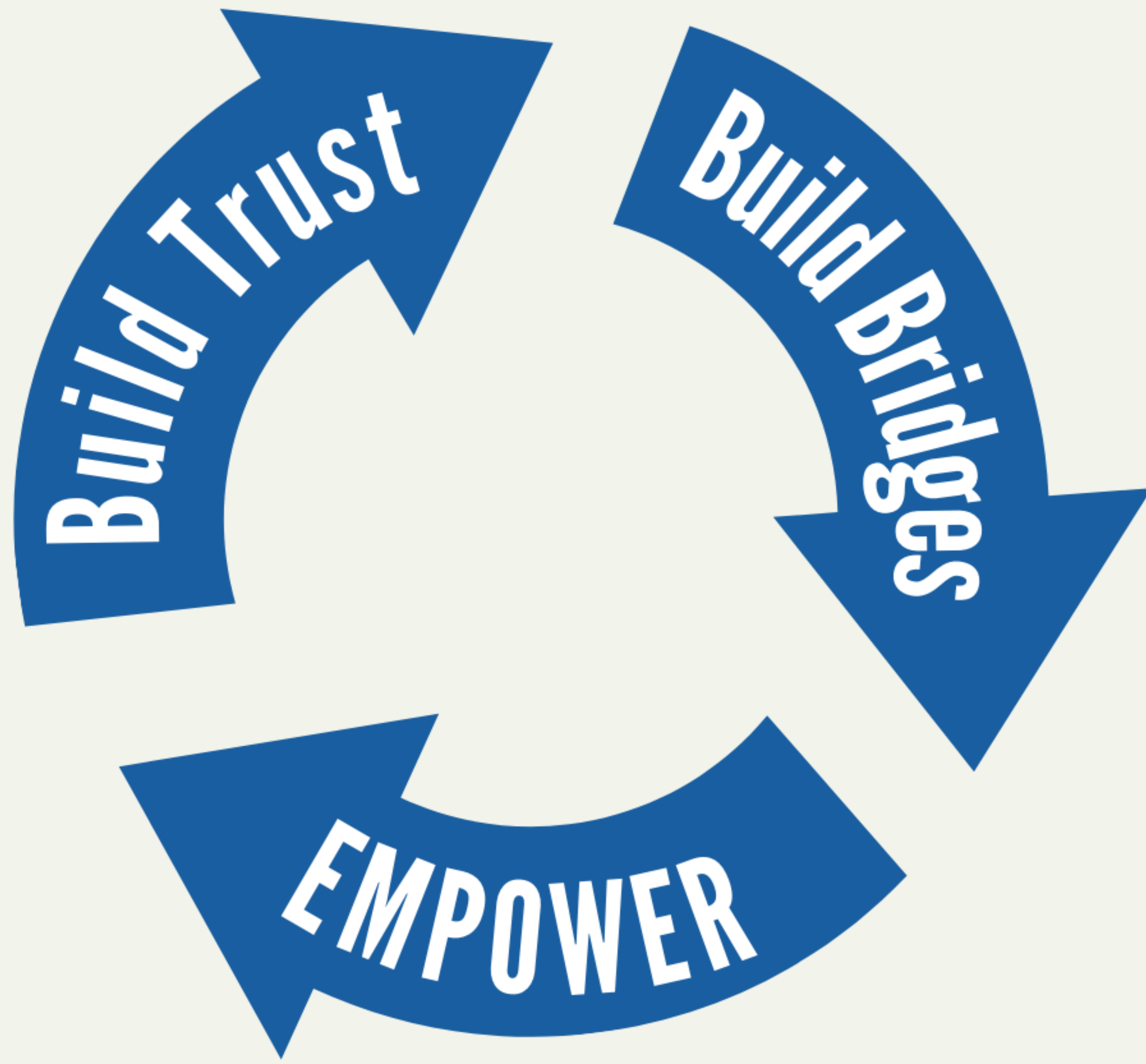
45%

**All women who
died**



66%

**Migrant women with
language needs**



It's now time
for us to
drive
change!

How?

Individual

What do we need to understand to be culturally safe?

Man does not see reality as it is,
but only as he perceives it, and
his perception may be mistaken
or biased.

Rudolf Dreikurs - Austrian psychiatrist

1

PRIVILEGE

2

BIAS

What Does Good Practice Look Like?

“It means listening to people in our care. Respecting their choices as theirs to make. Always giving evidence instead of just assuming Western ideas are the best and other choices are inferior. It means having a diverse staff body so that the culture changes from within too. [...] It means proper training and real consequences for racist behaviours. It means being able to report our colleagues without fear. It means treating people like they are actually human, not just a skin colour or a name we haven't heard before. It means practising someone's name and getting it right and not stopping until we can say it. It means asking people about their cultural practices.”

Organisational

Change from both ends

1

**Build trust from the ground up
through partnership and active
engagement with VCSEs**



2

**Train maternity & neonatal staff on
Culturally Aligned Practice**

Support Me Training & Consultations

Culturally Aligned Practice

Supporting Muslim Families

Caring For Migrant Families

Support Me Newsletter



supportmecic.com

Thank You!

supportmecic.com
info@supportmecic.com



supportmecic.com